



ANTI-VIRAL POTENTIAL OF THE SIDDHA MEDICINE VELLAI ERUKKAN SAMULA PAMPAM AGAINST 3-CHYMOTRYPSIN-LIKE PROTEASE (3CL pro) OF SARS-CoV-2 THAT CAUSES COVID-19 USING MOLECULAR DOCKING STUDIES: AN OPTIMISTIC APPROACH

A. Shiyam Ranjith*¹, N. Anbu², S.M. Chitra³, R. Sasi Rekha³, R. Menaka³, U. Chitra³

¹* P.G Scholar, Department of General Medicine, Government Siddha Medical College, Arumbakkam, Chennai 600 106, Tamil Nadu, India.

² Head, Department of General Medicine, Government Siddha Medical College, Arumbakkam, Chennai 600 106, Tamil Nadu, India.

³ Assistant Professor, Department of General Medicine, Government Siddha Medical College, Arumbakkam, Chennai 600 106, Tamil Nadu, India.

ABSTRACT

In December 2019, a cluster of Pneumonia cases, caused by a newly identified β -coronavirus, occurred in Wuhan, China. This Coronavirus was initially named as the 2019-novel Coronavirus (2019-nCoV) on 12 January 2020 by World Health Organization (WHO). Objective: In this study we execute a rational screen to identify Traditional Siddha medicine (*Calotropis procera*) in treating viral respiratory infections and also contain compounds that might directly inhibit 2019 novel coronavirus (2019-nCoV). Methods: Docking calculations were carried out for retrieved phytochemicals against target protein 3CL pro. Essential hydrogen atoms, Kollman united atom type charges, and solvation parameters were added with the aid of AutoDock tools (Morris, Goodsell et al., 1998). Results: Binding of phytochemicals with the core amino acids (Leu27, His 41, Gly 143, Cys 145, His 163, His 164, Met 165, Glu 166, Pro 168, His 172) of the target by forming hydrogen bond will hinder the function of the target COVID-19 main protease (3-chymotrypsin-like protease (3CL pro)- PDB- 6LU7 is considered to be the potential target as it is highly essential for cleavage of polyprotein to get 16 non-structural proteins (called nsp1-nsp16). Total of 8 bioactive lead compounds were retrieved from the herbs present in the formulation Vellai Erukkan Samula Pampam. Out of 8 compounds' the lead molecules such as quercetin 3-o-galactoside, Calotropagenin, Calotropin, Uscharidin, Coroglaucigenin and β -sitosterol has maximum of 5 interactions with the core active amino acid residues present on the target. Rutin and R-limonene ranked second with the maximum of 4 interactions with the active site of the target enzyme 3CLpro. Conclusion: Vellai Erukkan Samula Pampam reveals significant binding against the target protein 3CL pro thereby it was concluded that these compounds may exert promising inhibiting against 3 CL pro enzyme and hereby halt the formation of 16 non-structural proteins (nsp1-nsp16) that are highly essential for viral replication and thereby prevents the viral survival in the host environment. Hence further clinical validation may be warranted with proper in-vitro and in-vivo studies prior to the clinical recommendation in treating COVID-19 patient's.

KEY WORDS: *Vellai Erukkan Samula Pampam (Calotropis Procera), Anti-Viral Herbs, Siddha Medicine, SARS-CoV-2 COVID-19, 3-Chymotrypsin-like protease (3CL pro), In-Silico Molecular Docking Analysis.*

Corresponding Author: A. Shiyam Ranjith, Department of General Medicine, Arumbakkam, Chennai 600 106, Tamil Nadu, India.

1. Introduction

This study aims to assess the Indian Traditional Siddha herbal plant (*Calotropis Procera*) in the pursuit of potential COVID-19 inhibitors using in Silico approaches. In December 2019, a cluster of Pneumonia cases, caused by a newly identified β -coronavirus, occurred in Wuhan, China. This Coronavirus was initially named as the 2019-novel Coronavirus (2019-nCoV) on 12 January 2020 by World Health Organization (WHO). WHO officially named the disease as Coronavirus disease 2019 (Covid-19) and Coronavirus Study Group (CSG) of the International Committee proposed to name the new Coronavirus SARS-CoV-2 both issued on 11 February 2020.

The Chinese scientists rapidly isolated a SARS-CoV-2 from a patient within a short time on 7 January 2020 and came out to genome sequencing of the SARS-CoV-2. As of 1 March 2020, a total of 79,968 cases of Covid-19 have been confirmed in mainland China including 2873 deaths. Studies estimated the basic reproduction number (R0) of SARS-CoV-2 to be around 2.2 or even more (range from 1.4 to 6.5) and familial clusters of Pneumonia outbreaks add to evidence of the epidemic Covid-19 steadily growing by human-to-human transmission (1).

Clinical manifestations and staging of Covid – 19 (3-4)

Chinese CDC report divided the clinical manifestations of the disease based on their severity

Mild disease: Non- pneumonia and mild pneumonia.

(This occurred in 81% of cases)

Severe disease: Dyspnea, respiratory frequency ≥ 30 /min, blood oxygen saturation (SpO₂) $\leq 93\%$, and or lung infiltrates $> 50\%$ within 24 to 48 hours this occurred in 14% of cases)

Critical disease: Respiratory failure, septic shock, and or multiple organ dysfunction (MOD) or failure (MOF). (This occurred in 5% of cases).

A Siddha Perspective of Covid-19 (5-6)

The Siddha system of medicine is mainly practised in Southern part of India. It is one of the earliest traditional system in the world which treats not only the body but also mind and the soul. The word Siddha has its origin in the tamil word Siddhu which means "perfection" or "heavenly bliss". Siddha medicine classifies disease and disorders into 4448 types. In

Siddha literature, YUGI VAITHIYA CHINTHAMANI about 64 types of SURAM (Fever) are described. Among them SANIPATHA SURAM (ABINIYASA SANNI) is one which may be correlated to SARS-COV-2 infection and COVID-19 disease. Siddha encloses a unique technique by elaborating the disease by Envagai thervu (Diagnostic technique), Noi varum vazhi (Etiological factors), Mukkutra verupaadu (Deranged humors), Mukkuri gunangal (Pathological symptoms).

Novel Corona virus is making its Worldwide propagation in a very fast phase. It is now essential to discover the drugs that are useful in the prevention and management of SARS CoV-2 and Covid-19. Many traditional Herbs and Poly Herbal synergistic formulations are useful in the prophylaxis of various types of Viruses. In Siddha system of medicine, there are various medicines used for Anti-Viral therapies.

To prove safety and efficacy of a traditional medicine, Reverse Pharmacology Method is recognized globally. Reverse pharmacology is confirming the safety and efficacy of a medicine which is already in clinical practice by going back in the steps of pharmacological screening and drug development. The ultimate aim of the Reverse pharmacological research is to find the mechanism of action by a drug against a disease. For Vellai Erukkan Samula Parpam (In classical Siddha literature - The Pharmacopoeia of Siddha Research Medicines- Chapter-1, Pg.no75, NO93. Dr.M. Shanmugavelu, Dr.G.D.Naidu. Published Sri G.D.Naidu, printed IL WA Press, Coimbatore-18)2. In this study, we have done the In-Silico Molecular Docking Analysis of the Bio-active compounds found in the aqueous extract of Vellai Erukkan Samula Parpam against the 3-CHYMOTRYPSIN-LIKE PROTEASE (3CL pro). which is the route of entry in the pathogenesis of Novel Corona Virus. Clinical study needs to be done to confirm the proposed efficacy of the Vellai Erukkan Samula Parpam in the prevention of the Novel Corona Virus.

OBJECTIVE

Binding of phytocomponents with the core amino acids (Leu 27, His 41, Gly 143, Cys 145, His 163, His 164, Met 165, Glu 166, Pro 168, His 172) of the target by forming hydrogen bond will hinder the function of the target COVID-19 main protease (3-chymotrypsin-like protease (3CL pro) - PDB- 6LU7 is considered to

be the potential target as it is highly essential for cleavage of polyprotein to get 16 non-structural proteins (called nsp1-nsp16). These non-structural proteins are highly essential for viral replication and survival. Thereby phytochemicals which inhibit the target 3CL pro enzyme may act as a potential therapeutic agent for management of COVID-19 and related symptoms.

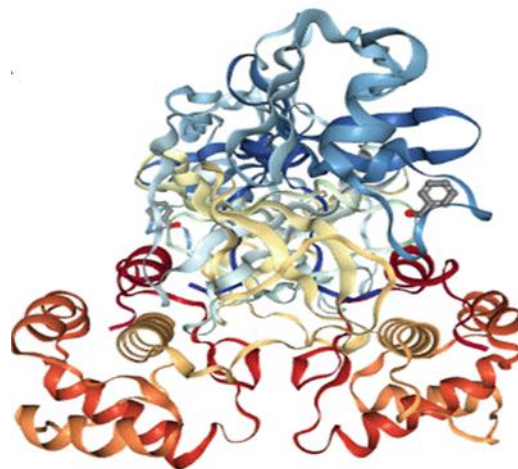
PDB	Name of the Target
6LU7	COVID-19 main protease (3-chymotrypsin-like protease (3CL pro))

2. Materials and Methods

Docking calculations were carried out for retrieved phytochemicals against target protein 3CL pro. Essential hydrogen atoms, Kollman united atom type charges, and solvation parameters were added with the aid of AutoDock tools (Morris, Goodsell et al., 1998). Affinity (grid) maps of $\times \times \text{Å}$ grid points and 0.375 Å spacing were generated using the Autogrid program (Morris, Goodsell et al., 1998). AutoDock parameter set- and distance-dependent dielectric functions were used in the calculation of the van der Waals and the electrostatic terms, respectively. Docking simulations were performed using the Lamarckian genetic algorithm (LGA) and the Solis & Wets local search method (Solis and Wets, 1981). Initial position, orientation, and torsions of the ligand molecules were set randomly. All rotatable torsions were released during docking. Each docking experiment was derived from 2 different runs that were set to terminate after a maximum of 250000 energy evaluations. The population size was set to 150. During the search, a translational step of 0.2 Å , and quaternion and torsion steps of 5 were applied.

2.1. List of Phytochemicals Selected for docking

1. Rutin (12)
2. quercetin 3-O-galactoside (12)
3. Calotropagenin (12)
4. Calotropin (12)
5. Uscharidin (12)
6. Coroglaucigenin (12)
7. β -sitosterol (13)
8. R-limonene (14)



3D crystalline structure of the target protein COVID-19 main protease (3-chymotrypsin-like protease (3CL pro)) – PDB 6LU7

Crystalline structure of the target protein COVID-19 main protease (3-chymotrypsin-like protease (3CL pro)) – PDB 6LU7 was retrieved from protein data bank and protein clean-up process was done and essential missing hydrogen atoms were being added. Different orientations of the lead molecules with respect to the target protein were evaluated by the Autodock program and the best dock pose was selected based on the interaction study analysis.

3. Results

Total of 8 bioactive lead compounds were retrieved from the herbs present in the formulation Vellai Erukkan Samula Parpam. Out of eight compounds, the lead molecules such as Quercetin 3-O-galactoside, Calotropagenin, Calotropin, Uscharidin, Coroglaucigenin and β -sitosterol have a maximum of 5 interactions with the core active amino acid residues present on the target. Followed by this, the compounds such as Rutin and R-limonene ranked second with a maximum of 4 interactions with the active site of the target enzyme 3CLpro.

Binding of phytochemicals with the core amino acids (Leu 27, His 41, Gly 143, Cys 145, His 163, His 164, Met 165, Glu 166, Pro 168, His 172) of the target by forming hydrogen bonds will hinder the function of the target COVID-19 main protease (3-chymotrypsin-like protease (3CL pro)) - PDB- 6LU7. It is considered to be the potential target as it is highly essential for cleavage of polyprotein to get 16 non-structural proteins (called nsp1-nsp16). These non-structural proteins are highly essential for viral replication and

survival. Thereby phytochemicals which inhibit the target 3CL pro enzyme may act as a potential therapeutic agent for management of COVID-19 and related symptoms

4. Discussion and Conclusion

Based on the results of the computational analysis it was concluded that the bio-active compounds such as Quercetin 3-O-galactoside, Calotropagenin, Calotropin, Uscharidin, Coroglaucigenin and β -sitosterol present in the herbs of the formulation Vellai Erukkan Samula Parpam reveals significant binding against the target protein 3CL pro thereby it was concluded that these compounds may exert promising inhibiting against 3CL pro enzyme and hereby halt the formation of 16 non-structural proteins (nsp1-nsp16) that are highly essential for viral replication and thereby prevents the viral survival in the host environment. Hence further clinical validation may be warranted with proper in-vitro and in-vivo studies prior to the clinical recommendation in treating COVID-19 patient's.

This work is carried out based on the symptoms given by WHO for COVID 19 based on the Siddha classical text. To the motive of giving helping hand to our beloved nation under this catastrophic situation. We request the concerned personality to take further research on the drugs selected for the symptoms and save lives. The plant *Calotropis procera* has been researched more on toxicity, pharmacology evidence (Anti-Viral activity, Anti-Angiogenic activity, Bronchodilator Activity, Immunomodulatory activity, Anti-pyritic activity, Anti-Microbial activity, Anti-Cancer, Anti-Histaminic activity, Anti-Convulsant activity) from the published journal, this Siddha trial drug will be ideal because it will be less economic in preparation and as a raw source, this single drug will be suggestive for treating various respiratory symptoms like dyspnoea, shortness of breathing, Chest discomfort, Wheezing, breathlessness, cold, Cough with tenacious sputum and other respiratory diseases.

I hereby conclude that the many pharmacological and toxicity studies have been already published in various peer review journals about *Calotropis procera* and also the literary evidences support the usage of drugs in the disease, a hypothesis is created in such a way that the efficacy of the VELLAI ERUKKAN SAMULA

PARPAM will be a better solution for SARS-COV-2 infection and COVID-19 disease. Like acute, chronic respiratory illness, viral diseases, also for all other respiratory diseases and so the permission may be given for conducting the clinical trial to validate the therapeutic effect of the drug and it will pave the way for promoting the wellness of individuals.

Utilization of outcomes of project: The purpose of the proposal of this Siddha trial medicine Vellai Erukkan Samula Parpam is to validate the therapeutic efficacy and safety profile to administered for the SARS –V2-COVID-19 which has been more dreadful for the community and more challenging in treating the disease especially of severe respiratory illness which causes more severity. To prevent and cure these viral based disease, with support of the Siddha literature and a lot of medicinal benefits of the *Calotropis procera*, many pharmacological and toxicity studies has been done all over the world which also been published in peer reviewed journals. I entitled that this drug is very easy to cultivate and lesser economic in production. I concluded that this medicine will be a treasure for our Siddha system of medicine. It can be helpful in improving our Indian economy through this medicine, I hope this drug will be safe and promising drug for SARS –V2-COVID-19.

5. References

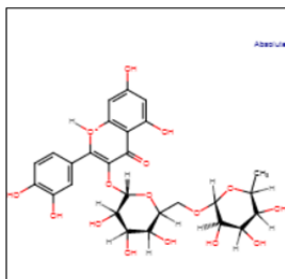
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2D and 3D Structure of Selected Ligands

Rutin

Ligand in 2D

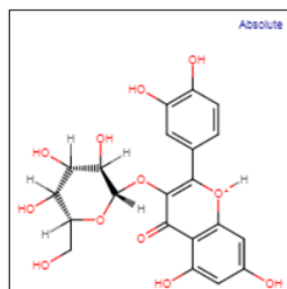


Ligand in 3D



Quercetin 3-O-galactoside

Ligand in 2D

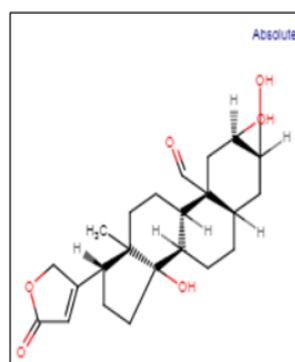


Ligand in 3D

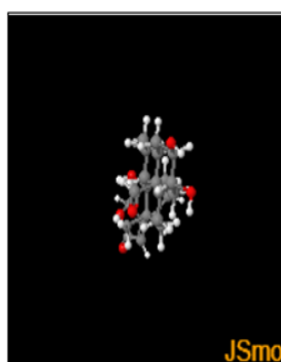


Calotropagenin

Ligand in 2D

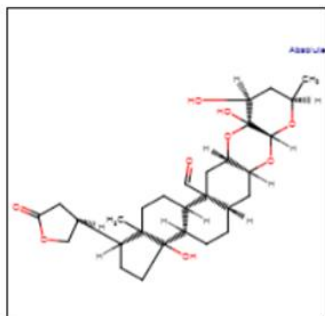


Ligand in 3D



Calotropin

Ligand in 2D

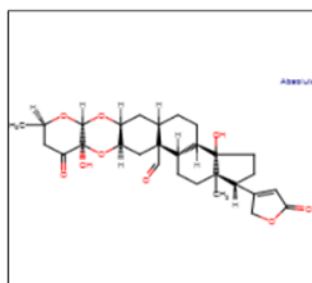


Ligand in 3D

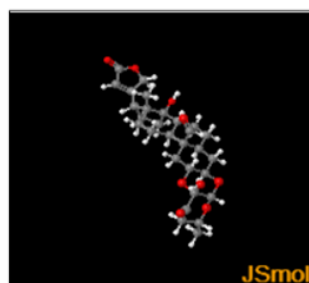


Uscharidin

Ligand in 2D

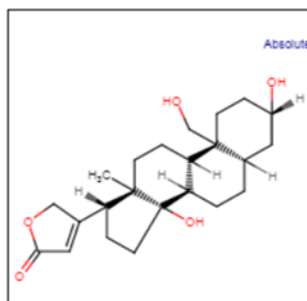


Ligand in 3D

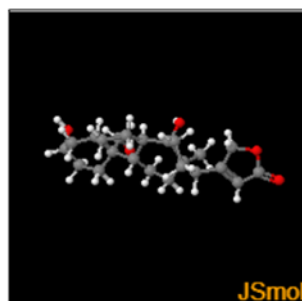


Coroglaucigenin

Ligand in 2D

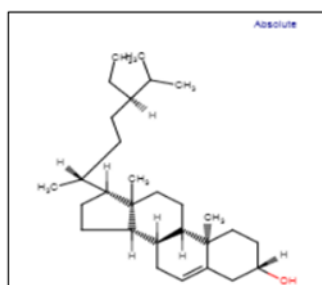


Ligand in 3D

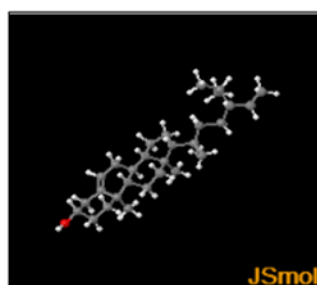


β -sitosterol

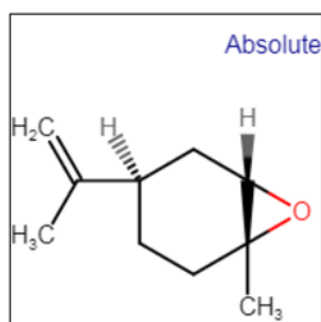
Ligand in 2D



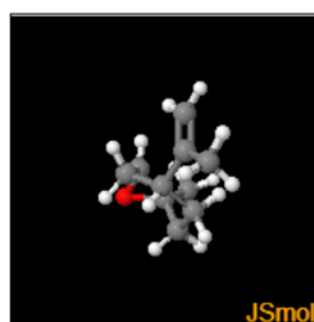
Ligand in 3D

**R-limonene**

Ligand in 2D



Ligand in 3D

**Table 1: Ligand Properties of the Compounds Selected for Docking Analysis**

Compound	Molar weight g/mol	Molecular Formula	H-Bond Donor	H-Bond Acceptor	Rotatable bonds
Rutin	610.5 g/mol	C ₂₇ H ₃₀ O ₁₆	10	16	6
Quercetin 3-O-galactoside	626.5 g/mol	C ₂₇ H ₃₀ O ₁₇	11	17	7
Calotropagenin	404.5 g/mol	C ₂₃ H ₃₂ O ₆	3	6	2
Calotropin	548.6 g/mol	C ₂₉ H ₄₀ O ₁₀	4	10	2
Uscharidin	530.6 g/mol	C ₂₉ H ₃₈ O ₉	2	9	2
Coroglaucigenin	390.5 g/mol	C ₂₃ H ₃₄ O ₅	3	5	2
β -sitosterol	414.7g/mol	C ₂₉ H ₅₀ O	1	1	6
Limonene	136.23 g/mol	C ₁₀ H ₁₆	0	0	1

Table 2: Summary of the molecular docking studies of compounds against COVID-19 main protease (3-chymotrypsin-like protease (3CL pro) – PDB 6LU7

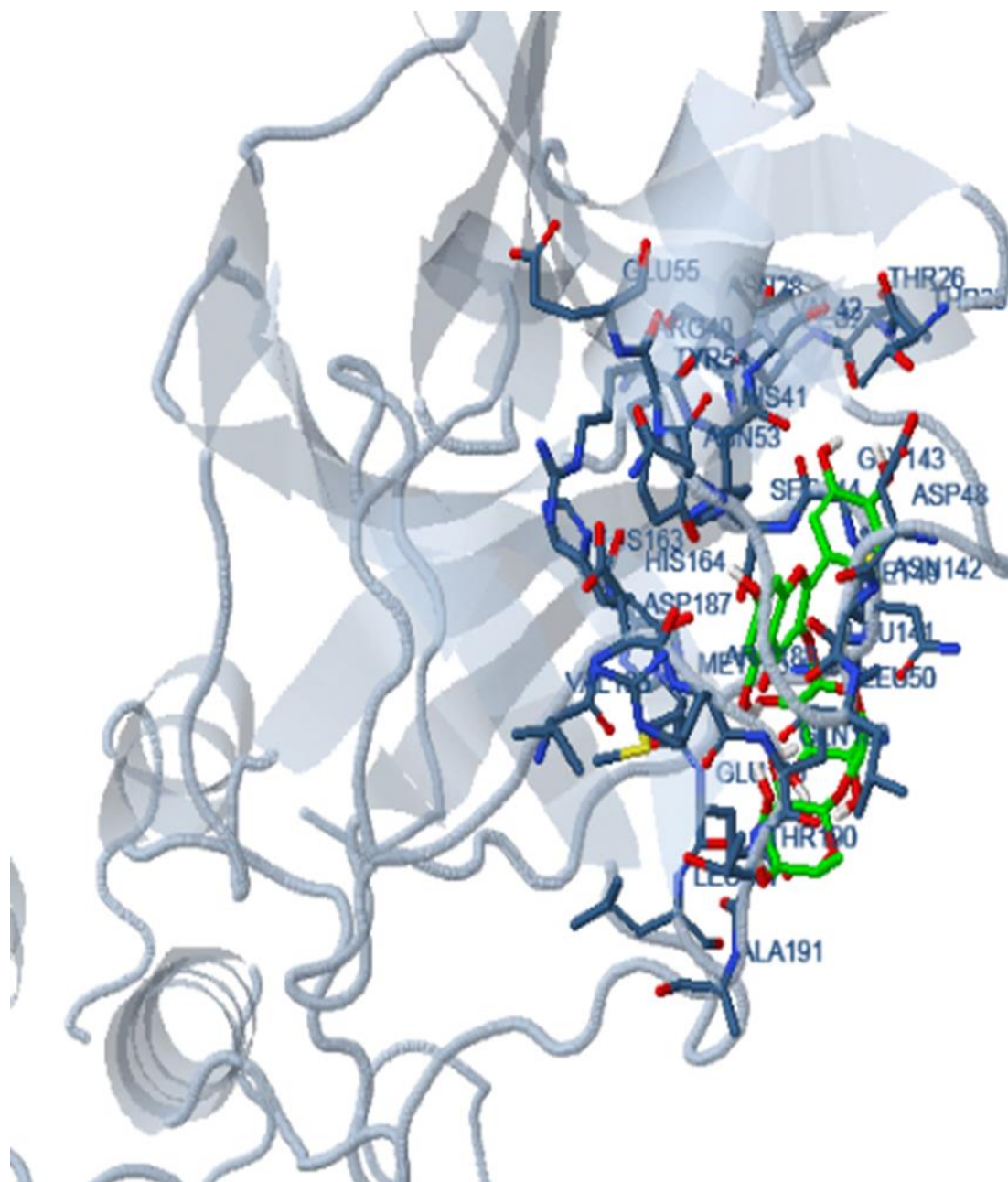
Compounds	Binding Free energy Kcal/mol	Inhibition Constant K μ M (*mM)(**nM)	Electrostatic energy Kcal/mol	Intermolecular energy Kcal/mol	Total Interaction Surface
Rutin	-14.20	38.80**	-0.29	-9.62	1022.05
Quercetin 3-O-galactoside	-10.23	31.86**	-0.22	-7.74	810.56
Calotropagenin	-7.92	1.58	-0.17	-8.63	818.35
Calotropin	-8.54	552.47**	-0.03	-8.91	903.24
Uscharidin	-8.45	643.86**	-0.17	-9.38	987.21
Coroglaucigenin	-8.38	720.52**	-0.06	-8.53	751.29
β -sitosterol	-9.32	146.95**	-0.03	-11.20	862.22
Limonene	-3.12	211.1	-0.01	-3.91	456.94

Table 3: Amino acid Residue Interaction of Lead against COVID-19 main protease (3-chymotrypsin-like protease (3CL pro) – PDB 6LU7

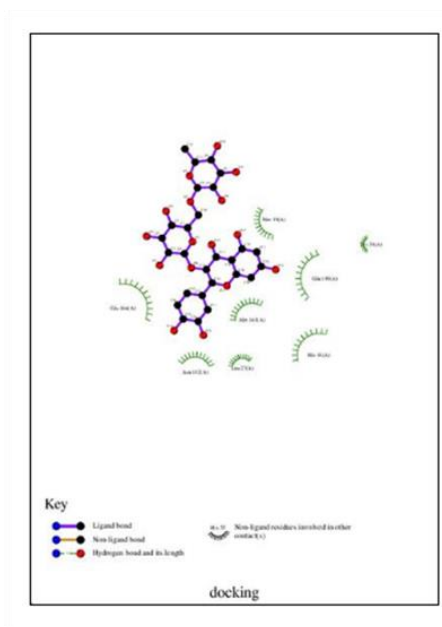
Molecule	Interactions	Amino Acid Residue- Binding										
		27	41	49	54	142	165	166	189			
Rutin	4	LEU	HIS	MET	TYR	ASN	MET	GLU	GLN			
Quercetin 3-O-galactoside	5	LEU	HIS	MET	TYR	ASN	CYS	MET	GLU			
Calotropagenin	5	HIS	GLY	CYS	MET	PRO	GLN	GLN				
Calotropin	5	THR	HIS	MET	PHE	ASN	SER	CYS	HIS	165	166	189
Uscharidin	5	THR	LEU	ASN	GLY	CYS	MET	GLU	LEU	168	189	192
Coroglaucigenin	5	THR	LEU	HIS	MET	ASN	CYS	MET	GLU	189		
β -sitosterol	5	HIS	MET	TYR	LEU	ASN	CYS	HIS	MET	166	189	
R-limonene	4	ASN	CYS	HIS	MET	GLU						

Docking Pose

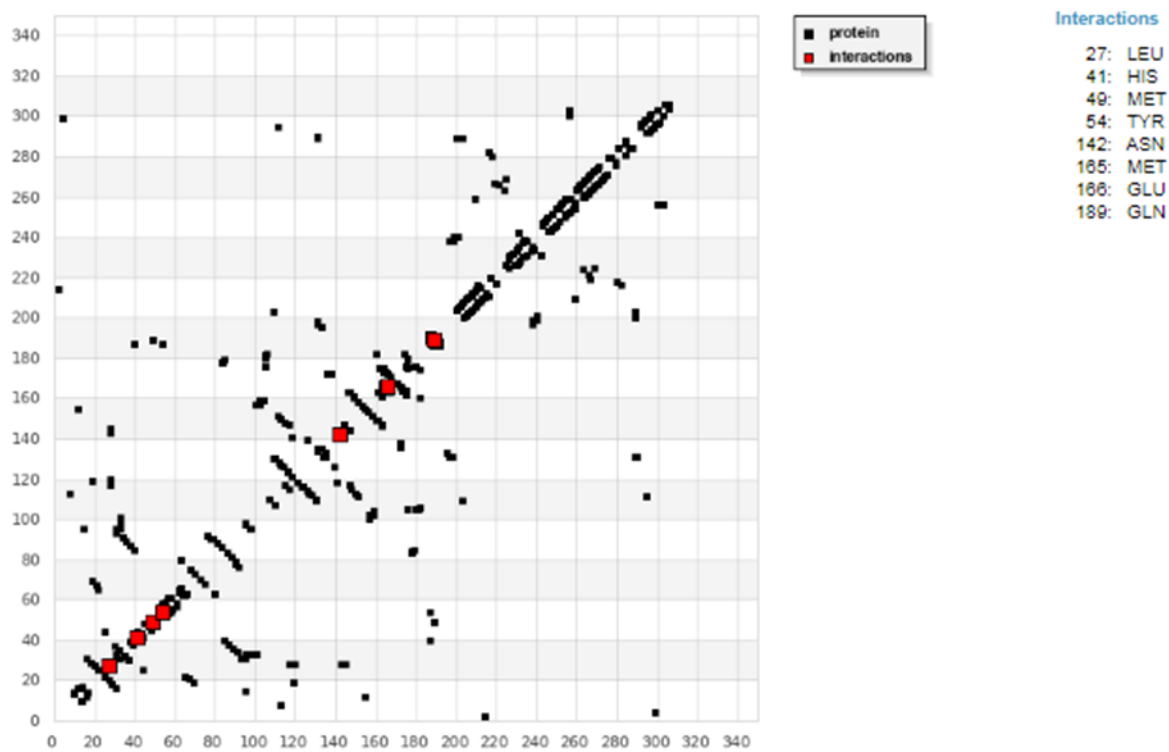
Rutin with COVID-19 main protease (3-chymotrypsin-like protease (3CL pro))
-PDB- 26LU7



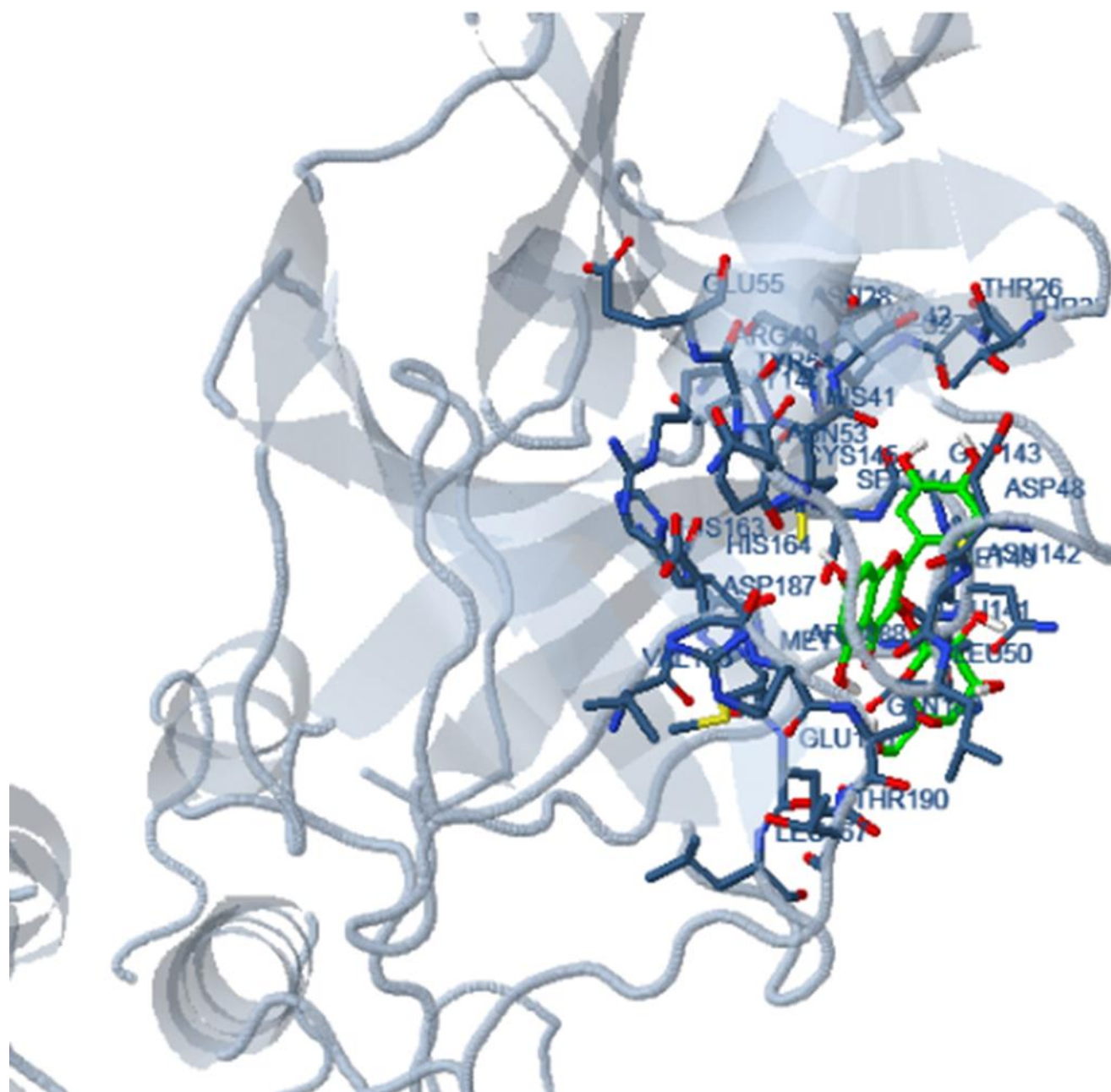
2D Interaction Plot



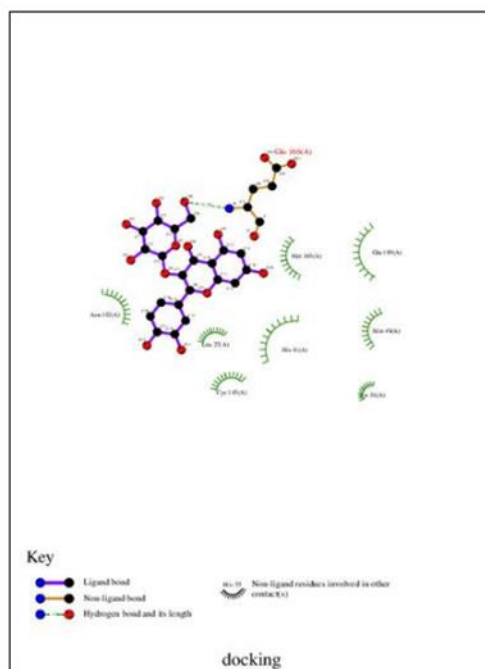
Hydrogen bond plotting with core amino acid Analysis



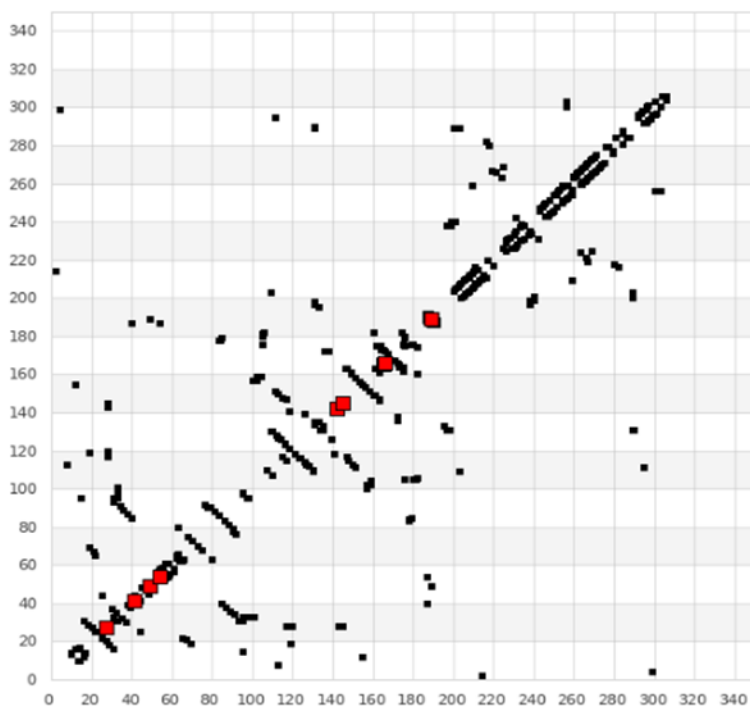
Quercetin 3-O-galactoside with COVID-19 main protease (3-chymotrypsin-like protease (3CL pro) -PDB- 26LU7



2D Interaction Plot



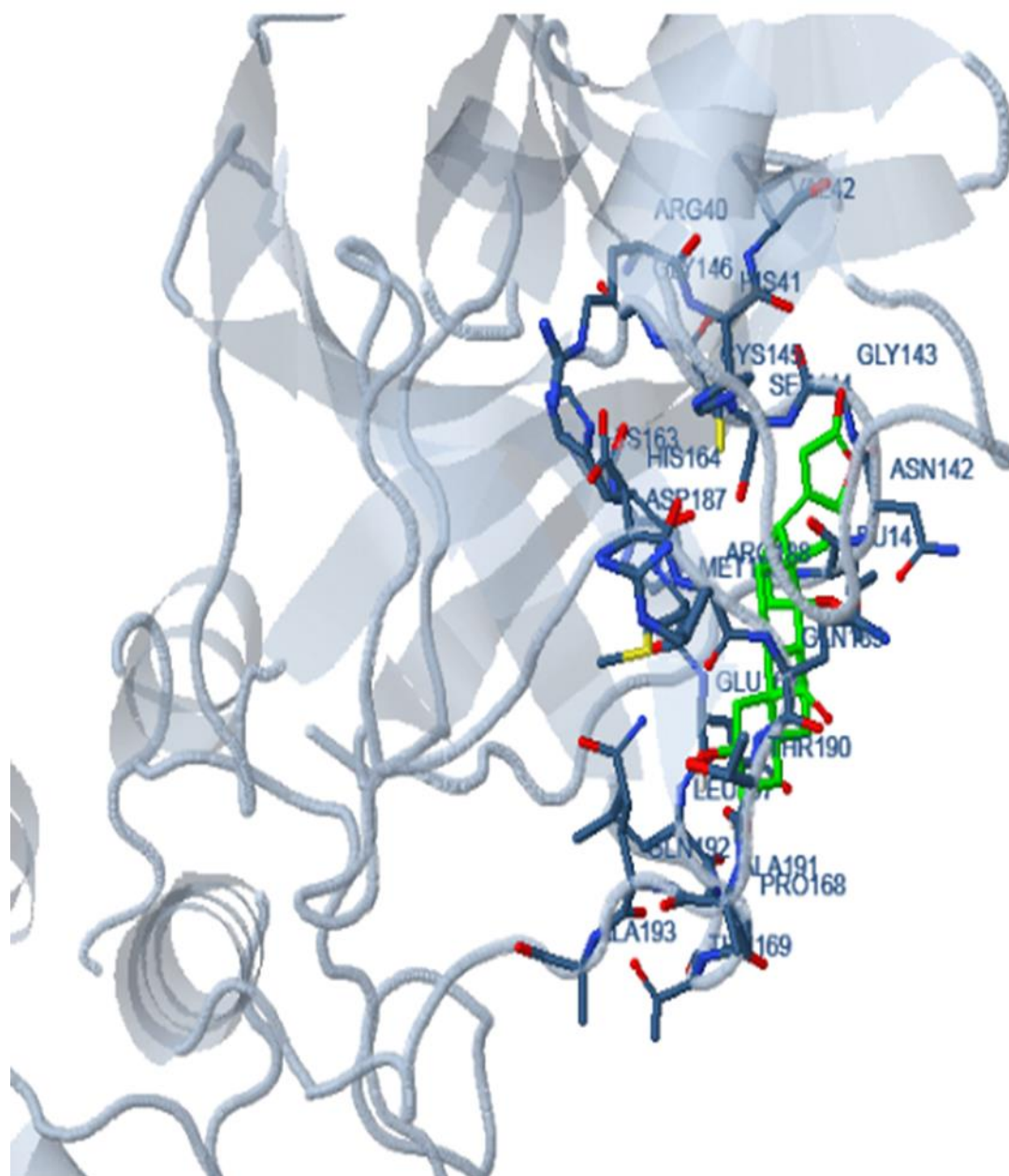
Hydrogen bond plotting with core amino acid Analysis



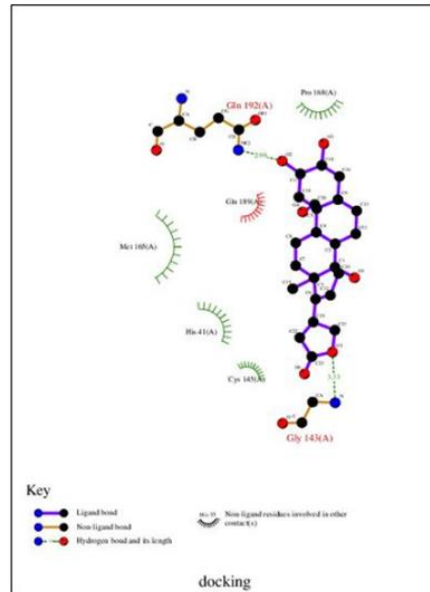
Interactions

- 27: LEU
- 41: HIS
- 49: MET
- 54: TYR
- 142: ASN
- 145: CYS
- 165: MET
- 166: GLU
- 189: GLN

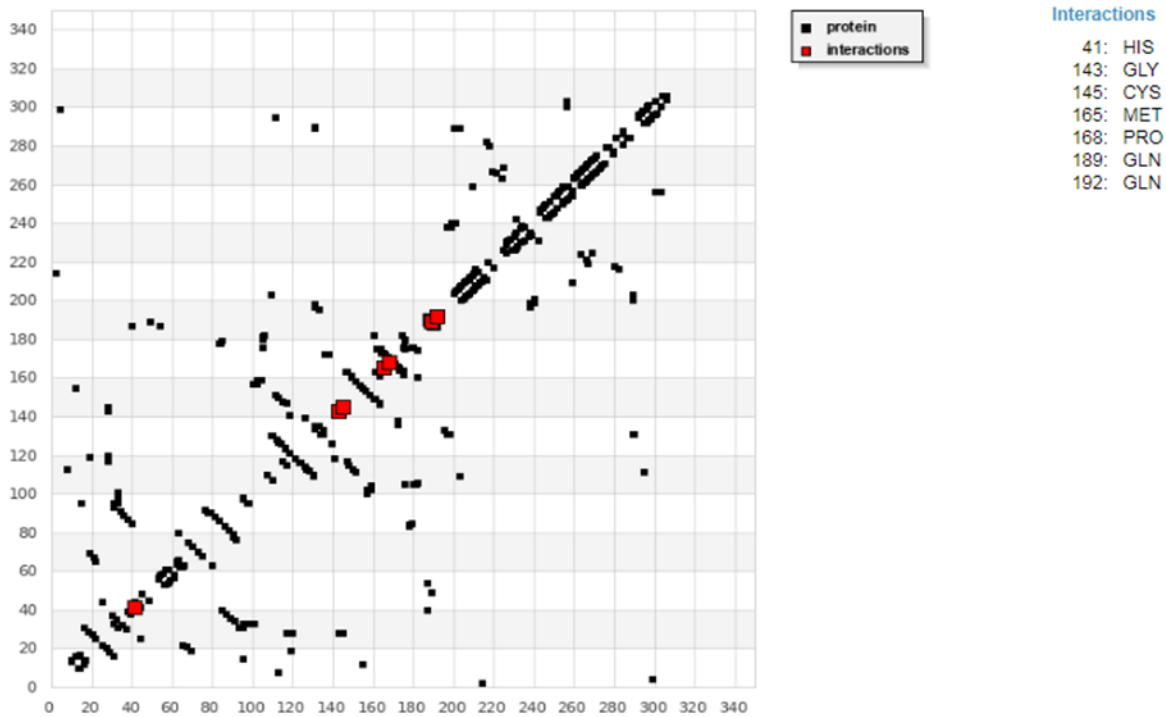
Calotropagenin with COVID-19 main protease (3-chymotrypsin-like protease (3CL pro) -PDB- 26LU7



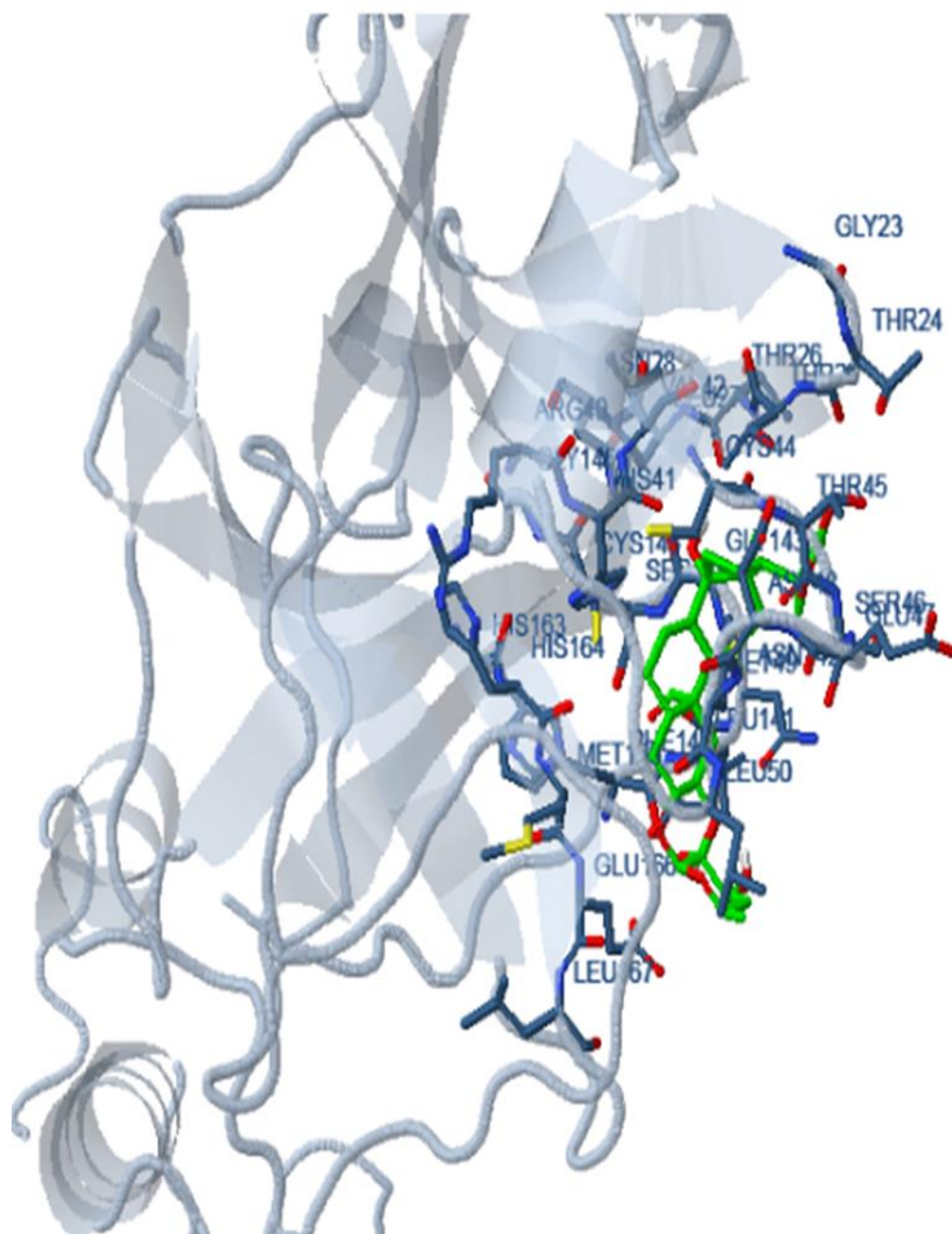
2D Interaction Plot



Hydrogen bond plotting with core amino acid Analysis

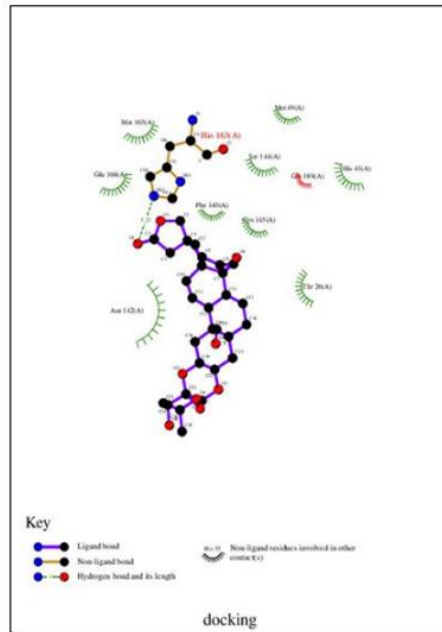


**Calotropin with COVID-19 main protease (3-chymotrypsin-like protease
(3CL pro) -PDB- 26LU7**

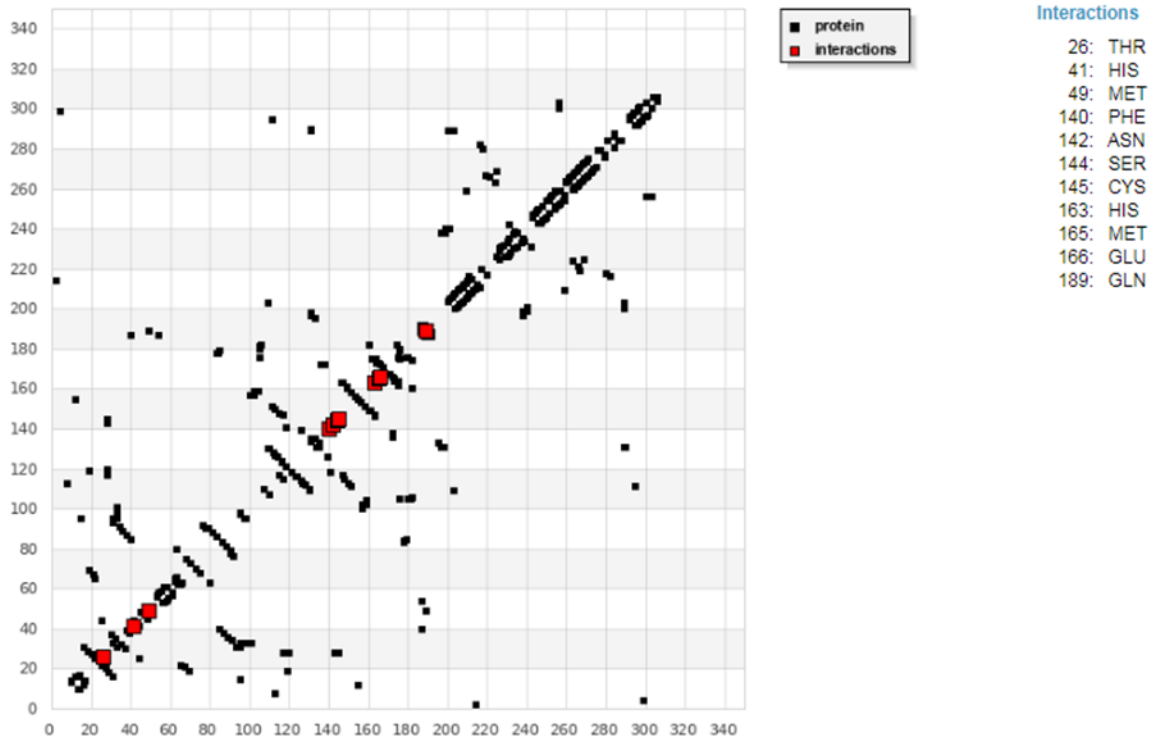


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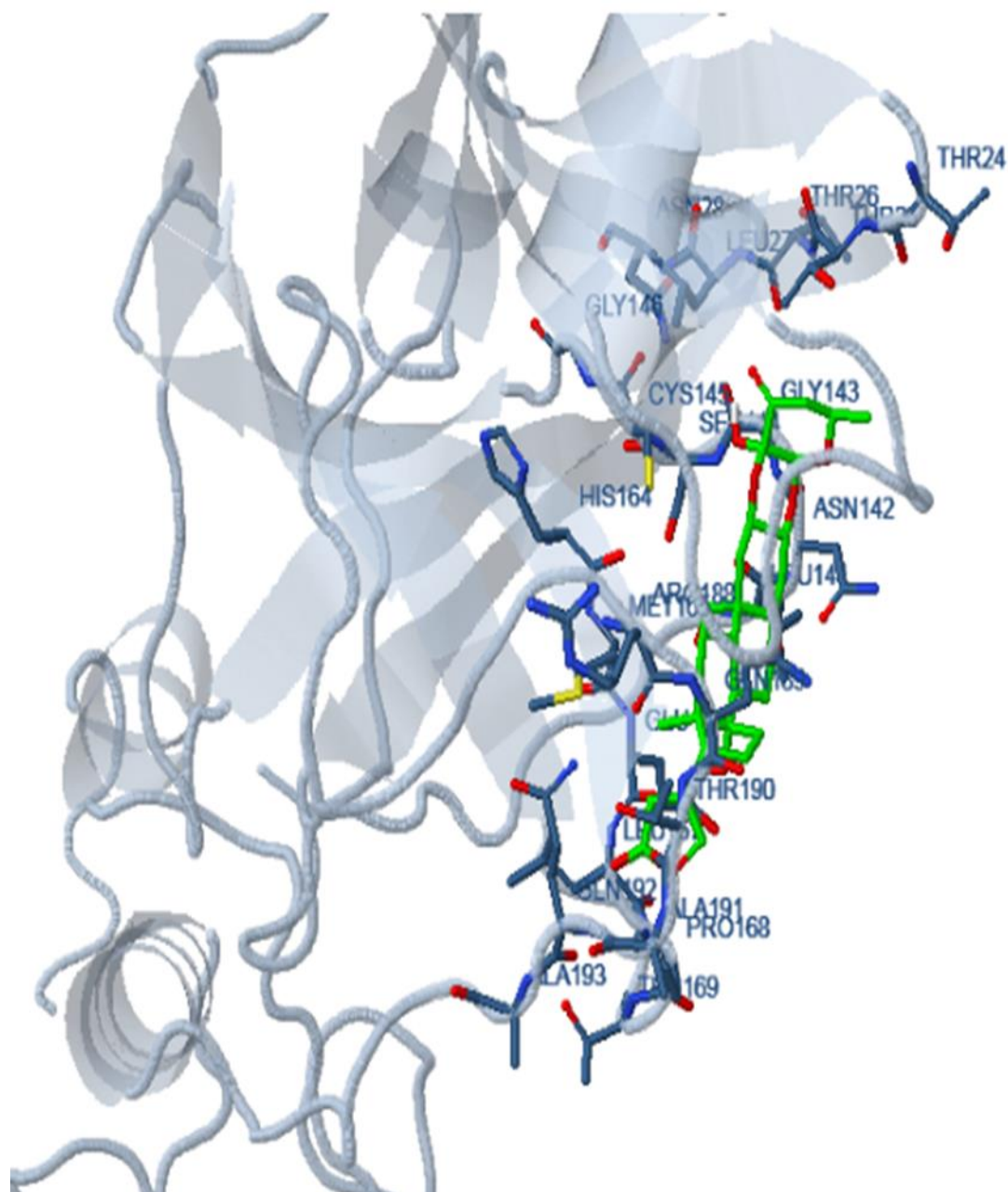
2D Interaction Plot



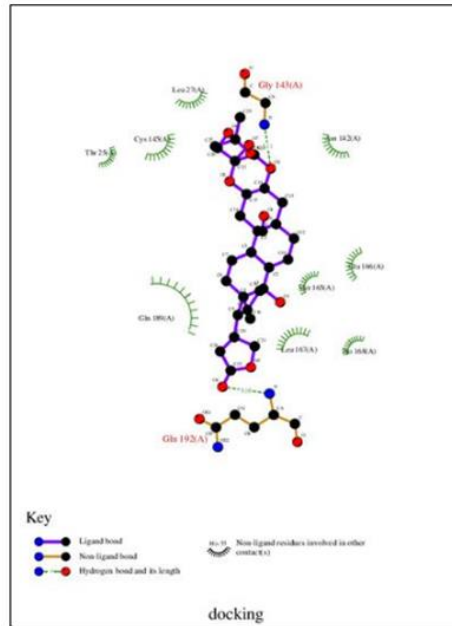
Hydrogen bond plotting with core amino acid Analysis



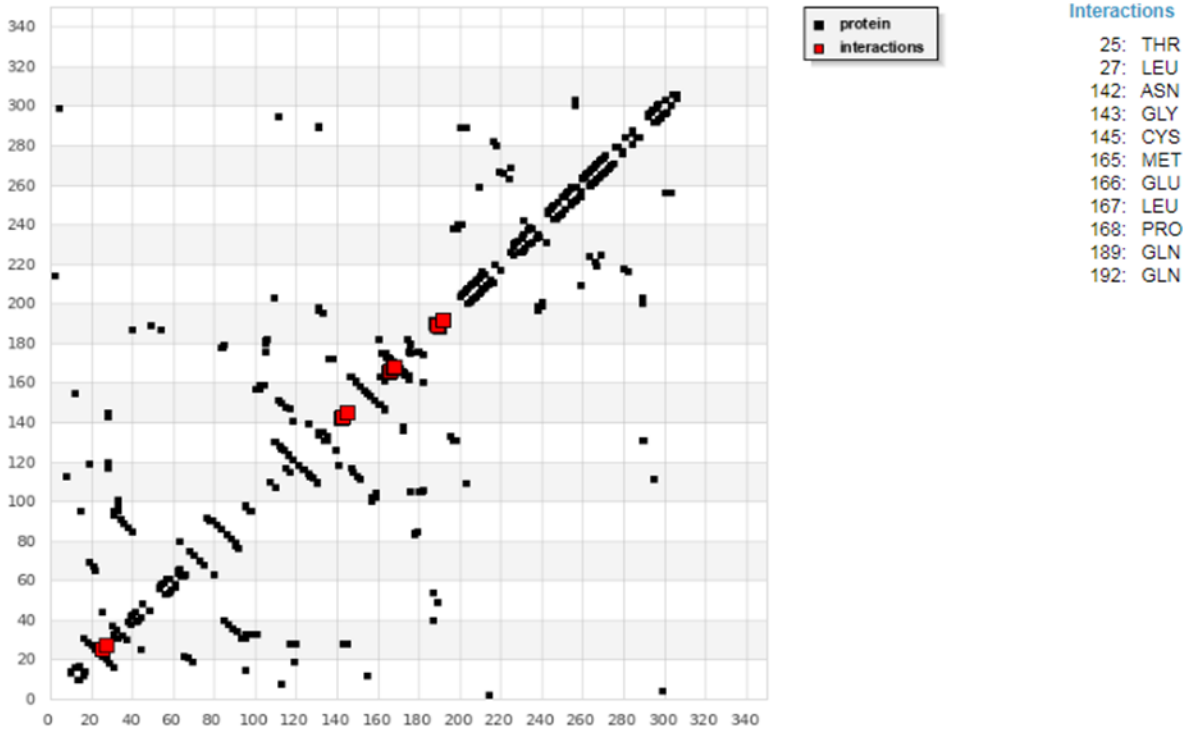
**Uscharidin with COVID-19 main protease (3-chymotrypsin-like protease
(3CL pro) -PDB- 26LU7**



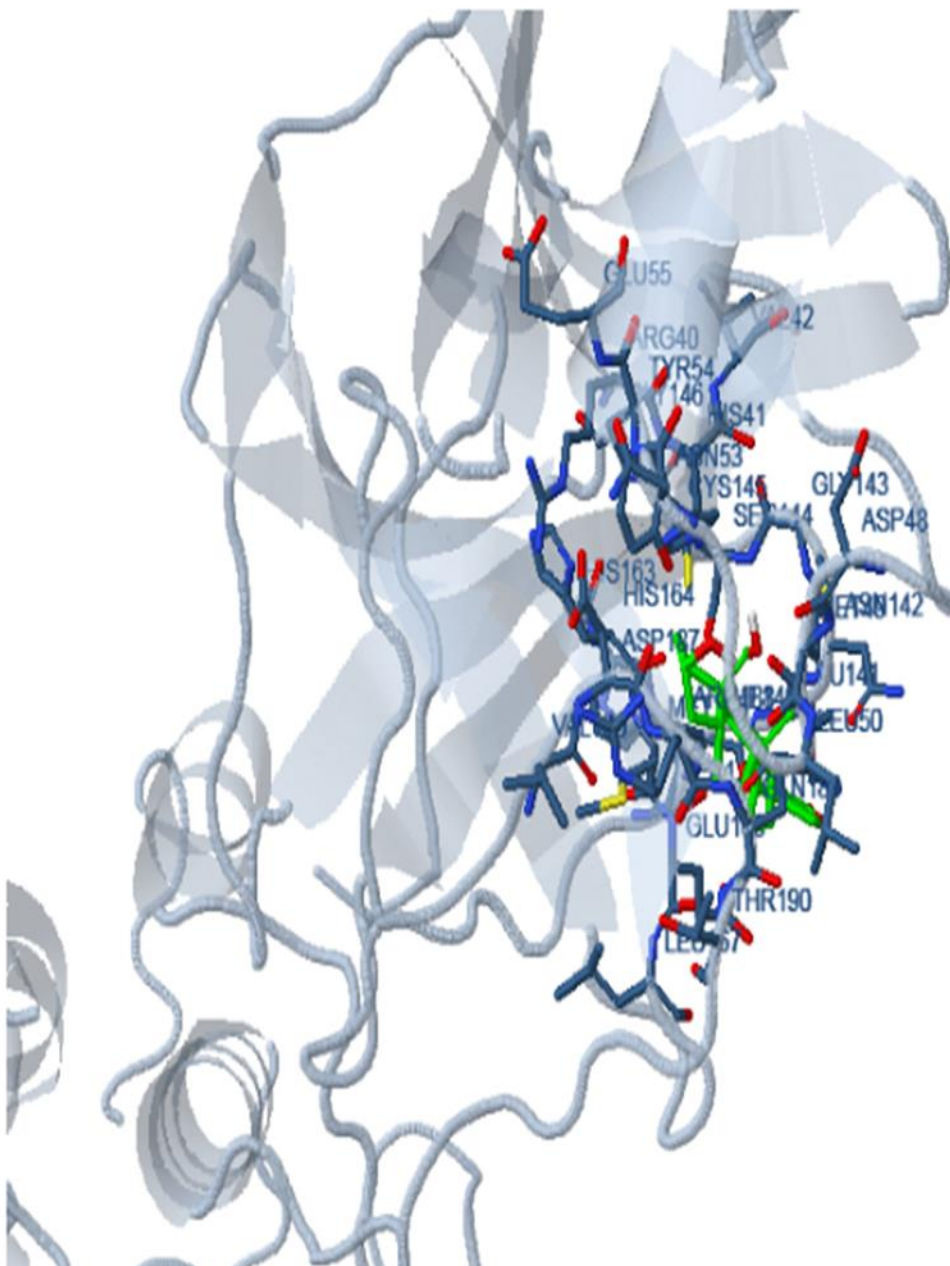
2D Interaction Plot



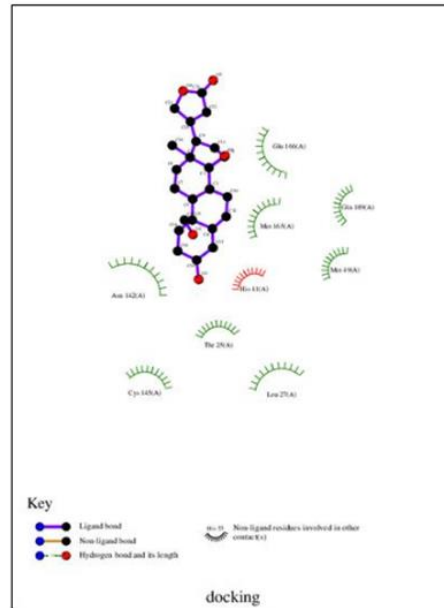
Hydrogen bond plotting with core amino acid Analysis



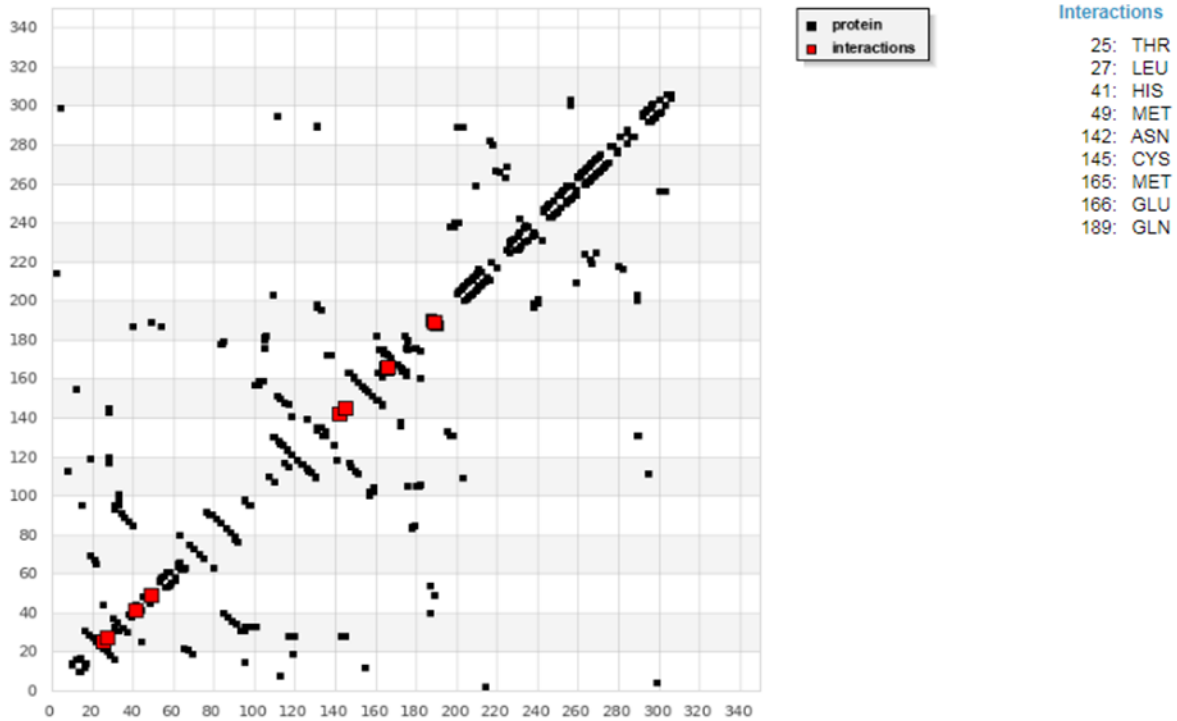
Coroglaucigenin with COVID-19 main protease (3-chymotrypsin-like protease (3CL pro) -PDB- 26LU7



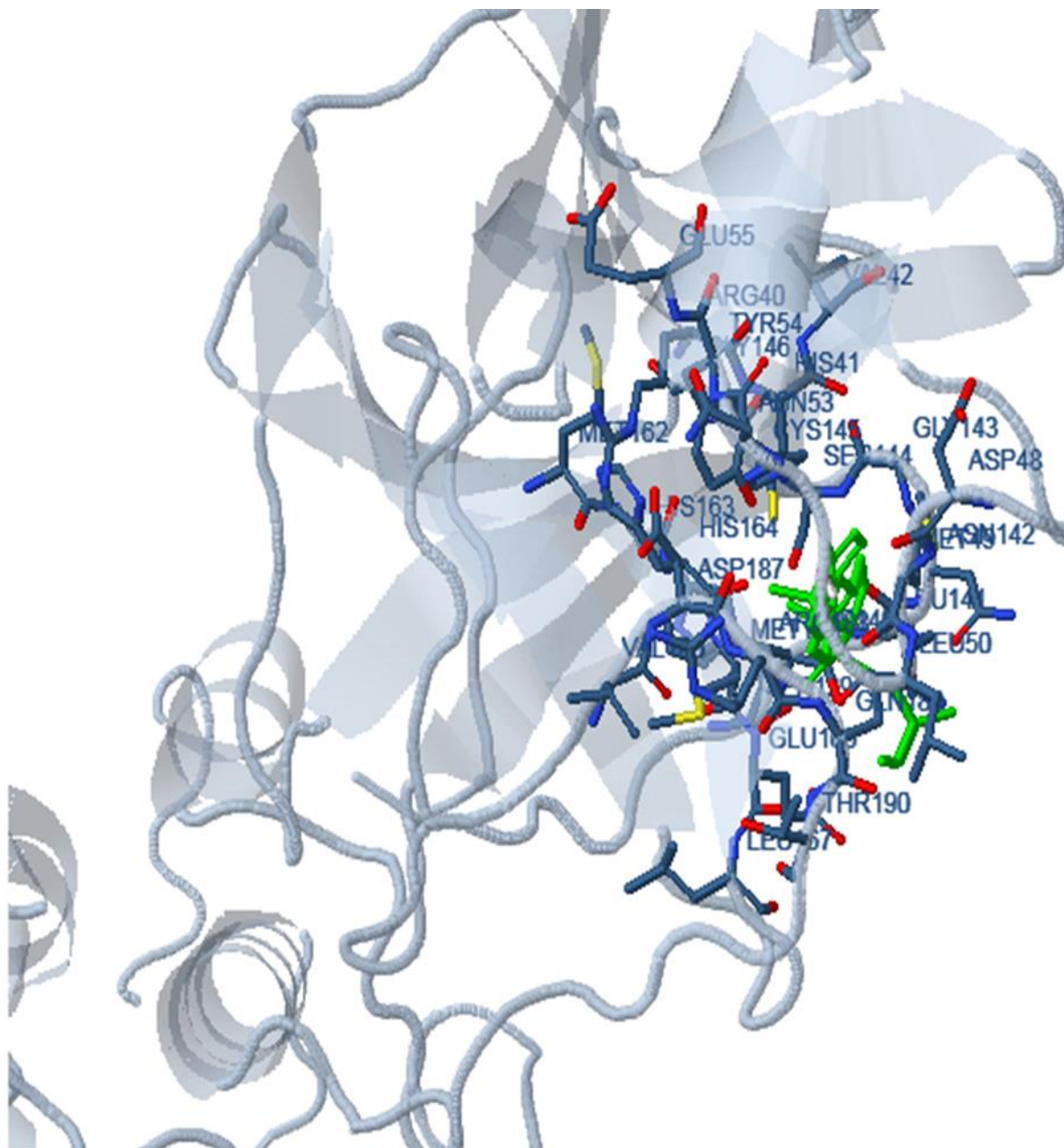
2D Interaction Plot



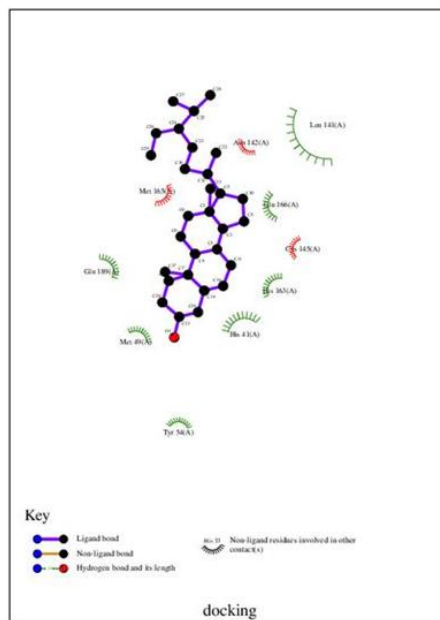
Hydrogen bond plotting with core amino acid Analysis



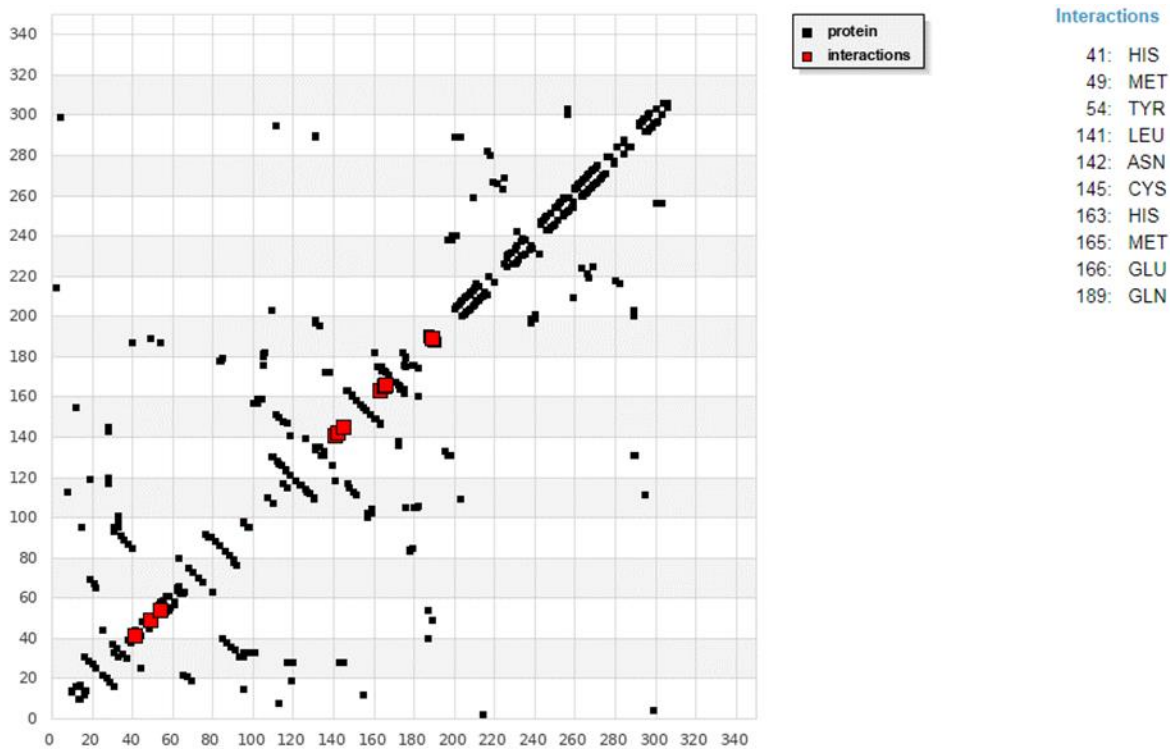
β -sitosterol with COVID-19 main protease (3-chymotrypsin-like protease (3CL pro) -PDB- 26LU7



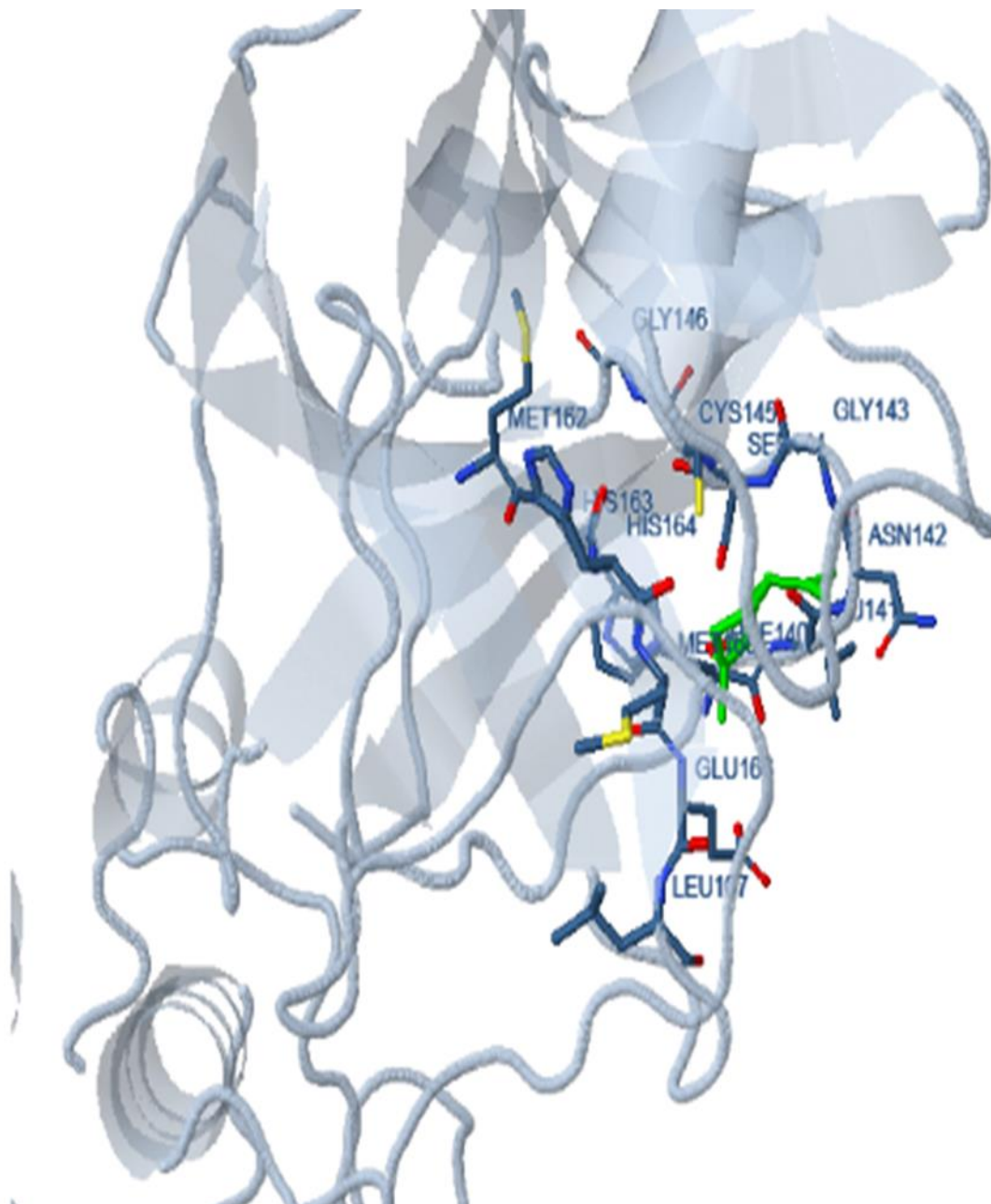
2D Interaction Plot



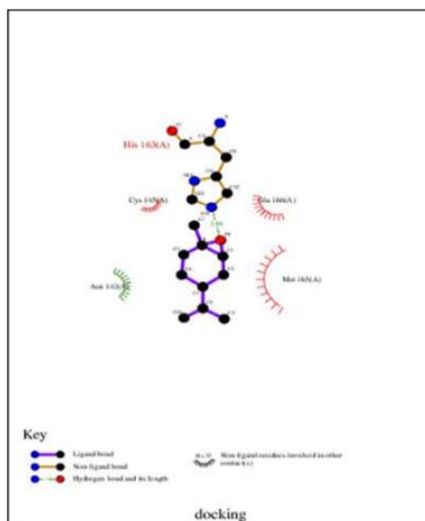
Hydrogen bond plotting with core amino acid Analysis



Limonene with COVID-19 main protease (3-chymotrypsin-like protease (3CL pro) -PDB- 26LU7



2D Interaction Plot



Hydrogen bond plotting with core amino acid Analysis

