



PHYTOCHEMICALS AND PHARMACOLOGICAL ACTIVITIES OF KABHASURA KUDINEER, NILAVEMBU KUDINEER, ADATHODAI KUDINEER - A REVIEW

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ABSTRACT

Our Siddha System of Medicine is one of the oldest traditional medicine. The medicines used in our siddha system contains 64 types of medications. Among this 64 type of medication 'Kudineer' is one of the important type. This Kudineer has a special character with the easily absorbing and digestible property and also it's easy to prepare. In today's modern world vector born disease is more common due to pollution. Fever, cold and cough are the common symptoms of all types of diseases from younger to elder. 'Kudineer' can treat such vector born disease easily than any other medicine. This review is about Kabhasura Kudineer, Nilavembu Kudineer and Adathoda Kudineer. Each and every drugs of these kudineer has Antipyretic and Immunomodulatory activity which is very effective for fever and other types of vector born disease like Dengue, Malaria and Chikungunya.

KEY WORDS: *Antipyretic, Immunomodulatory, KabhaSura Kudineer, Nilavembu Kudineer, Adathodai Kudineer*

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1. Introduction

Even though the world's population goes on increasing, many of the people in the world has been becoming prey to vector born disease like Chikungunya, Dengue, Malaria, Swine flu and recently by Corona virus. These types of diseases attract the population without any age difference from new born baby to elderly person [1]. To treat these types of dangerous diseases, our siddha system of medicine has a Kudineer can treat Vector born disease and some types of Fever. This review is about Kapha Sura Kudineer, Nilavembu Kudineer, Adathodai Kudineer . 'Kudineer' is the simplest form of medicine which can suitable from children to elderly person.

PYREXIA

It is an elevation of body temperature above the normal circadian variation as a result of the change in thermoregulatory centre located in the Hypothalamus [2].

SIGNS AND SYMPTOMS [3]

- Headache
- Temperature greater than 100.4 F (38 C) in adults and children
- Shivering, shaking, and chills
- Skin flushing or hot skin
- Aching muscles and joints or other body aches
- Loss of appetite
- Weakness
- Intermittent sweats or excessive sweating
- Rapid heart rate and/or palpitations
- Feeling faint, dizziness or lightheaded
- Eye pain or sore eyes

KUDINEER [4,5]

Other Name : Marundhu Neer , Unneer, Vaai Kudithidum Punal.

The dried raw drugs or fresh drugs are made into pieces. Add required quantity of water and boil to reduce the Kudineer to 1/4 or 1/2 or 1/6 or 1/8 or 1/16 or 1/24 based on the Kudineer.

This Review is about some Kudineer to reduce the Fever.

- Kabhasura Kudineer
- Nilavembu Kudineer
- Adathodai Kudineer

2. Materials and Methods

2.1.KABHASURA KUDINEER [6]

Ingredients

- Chukku (*Zingiber officinale*. Rosc) - 35g
- Thippili (*Piper longum*. Linn) - 35g
- Kirambu (*Syzygium aromaticum*. Linn) - 35g
- Sirukanchori Ver (*Tragus involucrate*. Linn). - 35g
- Akkirakaram (*Anacyclus pyrethrum*. De) - 35 g
- Neermulli Ver (*Hygrophila auriculata*. Heine) - 35g
- Kadukai (*Terminalia chebula*. Retz) - 35g
- Adathodai (*Justicia adathoda*. Linn) - 35g
- Karpuravali (*Anisochilus carnosus*. Briq) - 35g
- Kostham (*Costus speciosus*. Sm) - 35g
- Seenthil (*Tinospora cordifolia*. Miers) - 35g
- Siruthekku (*Clerodendrum serratum*. Linn) - 35g
- Nilavembu (*Andrographis paniculata*. Nees) - 35g
- Vattathiruppi (*Sida acuta*. Burm) - 35g
- Kooraikilangu (*Cyperus rotundus*. Linn) - 35g.

Method of Preparation

The above ingredients are taken 35 g Make it into 15 parts. Take one part and add water 2.8 Litres and boil as kudineer. Add Chandirodhaiya Mathirai or Korosanai Mathirai into powder. Mix it with required quantity of honey and give 2 times per day.

Phytochemical and Pharmacological Activity of Kabhasura Kudineer

Zingiber officinale. Rosc

- **Phytochemical Constituents** : Zingerone, Gingerdiol, Zingibrene, Gingerols, Terpenoids, Flavonoids, Shagaol. [10]
- **Pharmacological Activity** : Antioxidant, Antiemetic, Anti inflammatory, Antidiabetic, Anti ulcer, Digestive, Cardio protective, Antibacterial, Antifungal, Anti Parasitic, Immunomodulatory. [9,11]

Piper longum. Linn

- **Phytochemical Constituents** : Alkaloids, Piperine, Piperlongumine, Piperine, Piperidine, Sesamine, Asarinine. [12,15]
- **Pharmacological Activity** : Immunomodulatory, Anti inflammatory, Anti amoebic, Antibacterial, Antioxidant, Hepatoprotective. [13,14]

Syzygium aromaticum. Linn

- **Phytochemical Constituents** : Eugenol, Eugenyl acetate, Tannin, Gallotannic acid,

- Flavonoids, Eugenin, Eugenitin, Alpha Copaene. [16]
- **Pharmacological Activity** : Antipyretic, Anti inflammatory, Antioxidant, Antibacterial, Antifungal, Anti carcinogenic, Anaesthetic, Antithrombotic. [17,18]
- Tragus involucre. Linn**
- **Phytochemical Constituents** : Alkaloids, Flavonoids, Lipids, Protein, Saponins, Triterpenoids.[19]
 - **Pharmacological Activity** : Antipyretic, Bronchodilatory, Analgesic, Antibacterial, Anti inflammatory, Anti tumor, Anti diabetic. [20,21]
- Anacyclus pyrethrum. De**
- **Phytochemical Constituents** : Alkaloids, Flavonoids, Tannins, Inulin, Sesamin, Anacyclin, Germacrene. [23]
 - **Pharmacological Activity** : Immunostimulant, Antioxidant, Anti diabetic, Antidepressant, Anticonvulsant, Aphrodisiac, Antibacterial. [22,24]
- Hygrophila auriculata. Heine**
- **Phytochemical Constituents** : Alkaloids, Triterpenes, Sterols, Essential Oil, Asteracanthine, Luteolin, Stigmasterol. [25]
 - **Pharmacological Activity** : Antipyretic, Anti inflammatory, Antioxidant, Anti mortality, Diuretic, Antibacterial, CNS Activity, Hypoglycemic, Antitumour, Hepatoprotective, Anthelminthic. [26,27]
- Terminalia chebula. Retz**
- **Phytochemical Constituents** : Tannin, Chebulagic acid, Chebulinic acid, Saponins, Ellagic acid, Gallic acid. [28,29]
 - **Pharmacological Activity** : Immunomodulatory, Antioxidant, Antibacterial, Antifungal, Antiviral, Hepatoprotective, Cardio protective, Hypolipidemic, Anti diabetic, Radioprotective, Wound healing, Antispasmodic. [30,31]
- Justicia adathoda. Linn**
- **Phytochemical Constituents** : Alkaloids, Phenols, Tannin, Saponins, Flavonoids, Quinazolin, Adhatodine, Betaine, Vasicinone, Vasicinol, Triterpenes. [32]
 - **Pharmacological Activity** : Antimicrobial, Anti inflammatory, Cardio protective, Hypoglycemic, Hepatoprotective, Wound healing. [33,34]
- Anisochilus carnosus. Briq**
- **Phytochemical Constituents** : Carvacrol, Camphor, Cis bergamotene, Saponins, Tannin, Triterpenoid, Phytosterols, Caryophylline. [35]
 - **Pharmacological Activity** : Antipyretic, Anti ulcer, Antimicrobial, Hepatoprotective. [36,37]
- Costus speciosus**
- **Phytochemical Constituents** : Alkaloids, Glycosides, Steroids, Tannins, Polyphenol, Flavonoids, Camphene, Costunolide, Beta amyryl, Lupeol, Zerumbone.[38]
 - **Pharmacological Activity** : Antimicrobial, Antioxidant, Anticancer, Anti inflammatory, Antidiabetic, Hepatoprotective, Hypolipidemic, [39,40]
- Tinospora cordifolia. Miers**
- **Phytochemical Constituents** : Tembetarine, Choline, Berberine, Tinosporin, Beta-sitosterol, Cardioside, Tinocordifolin, Cordifol, Sterols.[41]
 - **Pharmacological Activity** : Immunomodulatory, Antioxidant, Antimicrobial, Anticancer, Antitoxin, Antidiabetic, Antitoxin, Antiosteoporotic. [42]
- Clerodendrum serratum. Linn**
- **Phytochemical Constituents** : Stigmasterol, Sitosterol, Serratin, Flavonoids, Serratagenic acid, Oleanolic acid, Cholesterol, Gamma sitosterol. [43]
 - **Pharmacological Activity** : Bronchodilatory, Antibacterial, Antioxidant, Anti inflammatory, Anti allergic, Wound healing. [44]
- Andrographis paniculata. Nees**
- **Phytochemical Constituents** : Andrographonin, Panicalin, Flavonoids, Panicolin, Sitosterol, Eugenol, Diterpenoid, Flavones, Andrographolide. [47]
 - **Pharmacological Activity** : Immunomodulatory, Antiviral, Anti inflammatory, Antimicrobial, Antimalarial, Anticancer, Antihepatotoxic. [45,46]
- Sida acuta. Burm**
- **Phytochemical Constituents** : Alkaloids, Tannins, Stigmasterol, Vasicine, Steroids, Flavonoids, Polyphenols. [48,49]
 - **Pharmacological Activity** : Antipyretic, Anti ulcer, Antibacterial, Antimicrobial, Antimalarial, Antioxidant, Anti inflammatory, Anticancer, Hepatoprotective. [49,50]
- Cyperus rotundus. Linn**
- **Phytochemical Constituents** : Terpenoids, Rotunol, Monoterpenes, Sugenol, Pectins, Rotundone, Cyperenon.[51,52]

- **Pharmacological Activity** : Antipyretic, Anti inflammatory, Antioxidant, Anti ulcers, Analgesic, Anti diarrheal, Anti amoebic Antibacterial. [53,54]

2.2.NILAVEMBU KUDINEER [6]

Ingredients

- Nilavembu (*Andrographis paniculata*. Nees) – 8.75g
- Vetiver (*Vetiveria zizanioides*. Linn) - 8.75g
- Vilamichaveer (*Plectranthus vettiveroides*. Spreng) - 8.75g
- Chandanam (*Santalum album*. Linn) – 8.75g
- Peeipudal (*Trichosanthus cucumerina*.Linn) – 8.75g
- Kooraikilangu (*Cyper rotundus*. Linn) – 8.75g
- Chukku (*Zingiber officinale*. Rosc) – 8.75g
- Milagu (*Piper nigrum*. Linn) – 8.75g
- Parpadagam (*Mollugo cerviana*.Ser) – 8.75g

Method of Preparation

The above ingredients should be taken 8.75 g and boiled by jiggling process 42 ml to 84 ml is effective dosage.

Phytochemical and Pharmacological Activity of Nilavembu Kudineer

Andrographis paniculata. Nees

- **Phytochemical Constituents** : Andrographonin, Panicalin, Flavonoids, Panicolin, Sitosterol, Eugenol, Diterpenoid, Flavones, Andrographolide. [47]
- **Pharmacological Activity** : Immunomodulatory, Antiviral, Anti inflammatory, Antimicrobial, Antimalarial, Anticancer, Antihepatotoxic. [45,46]

Vetiveria zizanioides. Linn

- **Phytochemical Constituents** : Tannins, Saponins, Flavonoids, Steroids, Alkaloid, Cardiac glycoside, Vetivone, Vetiverol, Epizizianal.[57]
- **Pharmacological Activity** : Anti inflammatory, Antioxidant, Antibacterial, Antimicrobial, Antifungal, Antimalarial, Anti hepatoprotective, Hyperglycemic.[55,56]

Plectranthus vettiveroides. Spreng

- **Phytochemical Constituents** : Steroids, Naphtalenol, Bisabolol, Flavonoids, Tannins, Alkaloid, Z-valerenyl acetate. [59]
- **Pharmacological Activity** : Antipyretic, Antioxidant, Anticancer, Antidiabetic, Hepatoprotective. [58]

Santalum album. Linn

- **Phytochemical Constituents** : Alpha and Beta Santalols, Bisapolene, Beta Santalic acids, Santene, Alpha Santalol. [60]
- **Pharmacological Activity** : Antipyretic, Antioxidant, Antibacterial, Antiviral, Anti inflammatory, Anti ulcer, Antifungal, Hepatoprotective, CNS effect. [61]

Trichosanthus cucumerina. Linn

- **Phytochemical Constituents** : Flavonoids, Ascorbic acids, Cucurbitacin, Thiamine, Niacin, Arginine, Alanine, Cucurbitacin B, Bryononic acid. [62]
- **Pharmacological Activity** : Antipyretic, Anti inflammatory, Anti fertility, Antibacterial, Cardio protective, Anti diabetic. [63,64]

Cyperus rotundus. Linn

- **Phytochemical Constituents** : Terpenoids, Rotunol, Monoterpenes, Suganol, Pectins, Rotundone, Cyperenon.[51,52]
- **Pharmacological Activity** : Antipyretic, Anti inflammatory, Antioxidant, Anti ulcers, Analgesic, Anti diarrheal, Anti amoebic Antibacterial. [53,54]

Zingiber officinale. Rosc

- **Phytochemical Constituents** : Zingerone, Gingerdiol, Zingibrene, Gingerols, Terpenoids, Flavonoids, Shagaol.[10]
- **Pharmacological Activity** : Antioxidant, Antiemetic, Anti inflammatory, Antidiabetic, Anti ulcer, Digestive, Cardio protective, Antibacterial, Antifungal, Anti Parasitic, Immunomodulatory. [9,11]

Piper nigrum. Linn

- **Phytochemical Constituents** : Piperine, Alkaloid, Piperamide, Piperamine, Piperide, Piperolin, Piperidine. [65]
- **Pharmacological Activity** : Antipyretic, Antioxidant, Anti inflammatory, Antibacterial, Antimicrobial, Anticancer, Hepatoprotective, Antidepressant, Anti diarrheal, Antifungal. [66]

Mollugo cerviana.Ser

- **Phytochemical Constituents** : Saponins, Flavonoids, Tannin, Glycosides, Anthraquinone. [68]
- **Pharmacological Activity** : Anti inflammatory, Antioxidant, Antimicrobial, Antidiabetic, Hepatoprotective. [67]

2.3.ADATHODAI KUDINEER [6]

Ingredients

- Adathodai (*Justicia adathoda*. Linn) - 2.8 g
- Athimathuram (*Glycyrrhiza glabra*. Linn) – 2.8 g

- *Thalassapathiri* (*Abies spectabilis*. Mirb) – 2.8 g
- *Arisi Thippili* (*Piper longum*. Linn) – 2.8 g

Method of Preparation

The leaves of *Adathodai* should be chopped into pieces and fry with honey. Take the rest of the ingredients and make a *kudineer* process 42 ml to 84 ml as per effective dose.

Phytochemical and Pharmacological Activity of *Adathodai Kudineer*

Justicia adathoda. Linn

- **Phytochemical Constituents** : Alkaloids, Phenols, Tannin, Saponins, Flavonoids, Quinazolin, Adhatodine, Betaine, Vasiconone, Vasiconol, Triterpenes. [32]
- **Pharmacological Activity** : Antimicrobial, Anti inflammatory, Cardio protective, Hypoglycemic, Hepatoprotective, Wound healing. [33,34]

Glycyrrhiza glabra. Linn

- **Phytochemical Constituents** : Glycyrrhetic acids, Glycyrrhizic acid, Glycyrrhizin, Glabrolide, Gallic acid. [69]
- **Pharmacological Activity** : Immunomodulatory, Antimicrobial, Anti inflammatory, Antibacterial, Anticancer, Antioxidant, Anti allergic, Hepatoprotective, Antidepressant. [70,71]

Abies spectabilis. Mirb

- **Phytochemical Constituents** : Alkaloids, Flavonoids, Saponins, Tannin, Resins, Lignin, Glycosides, Terpenoids. [72,73]
- **Pharmacological Activity** : Antioxidant, Anticancer, Antibacterial. [74,75]

Piper longum. Linn

- **Phytochemical Constituents** : Alkaloids, Piperine, Piperlongumine, Piperine, Piperidine, Sesamine, Asaridine. [12,15]
- **Pharmacological Activity** : Immunomodulatory, Anti inflammatory, Anti amoebic, Antibacterial, Antioxidant, Hepatoprotective. [13,14]

3. Conclusion

As all the drugs of these *Kudineer* has Immunomodulatory, Antipyretic, Antimicrobial and Antiviral action it can be given for vector born disease like Dengue, Chikungunya, COVID - 19 and so on. It is proud to say that our Siddhars has the medicine formulation of vector born disease of today's modern world.

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Table 1: Action and Indication of Kabhasura Kudineer [7,8]

S. NO	NAME OF THE INGREDIENTS	PARTS USED	ACTION	INDICATION
1.	Chukku (Zingiber officinale. Rosc) Fam:Zingiberaceae	Rhizome	Stimulant, Stomachic, Carminative	Cough, Diarrhoea, Fever, Asthma, Ulcer, Anaemia, Sinusitis, Headache, Digestive problem.
2.	Thippili (Piper longum. Linn) Fam: Piperaceae	Fruit	Stimulant, Stomachic, Carminative	Cough, Asthma, Anaemia, Headache, Sinusitis, Tonsillitis, Cold, Chronic Bronchitis.
3.	Kirambu (Syzygium aromaticum. Linn) Fam:Myrtaceae	Fruit	Carminative, Antispasmodic, Stomachic	Fever, Headache, Diarrhoea, Ear problem, Sinusitis, Dyspepsia, Tooth ache, Vomiting, Nausea, Stomach Disorders.
4.	Sirukanchori Ver (Tragus involucre. Linn) Fam:Euphorbiaceae	Root	Antipyretic, Diaphoretic	Fever, Thirst, Asthma, Cough, Itching, Skin Disease, Diabetic ulcer.
5.	Akkirakaram (Anacyclus pyrethrum. De) Fam:Asteraceae	Root	Rubefacient, Sialogogue, Stimulant.	Tonsillitis, Dental Problems, Fever, Arthritis, Epilepsy, Dryness of Tongue, Numbness.
6.	Neermulli Ver (Hygrophila auriculata. Heine) Fam:Acanthaceae	Root	Refrigerant, Diuretic, Tonic, Demulcent.	Cough, Drowsiness, Constipation, Vomiting, Menorrhagia, Anaemia, Jaundice, Urinary infection, Edema.
7.	Kadukai (Terminalia chebula. Retz) Fam:Combretaceae	Fruit	Anti ageing, Stimulant, Stomachic, Laxative, Tonic.	Jaundice, Liver disease, Dental Caries, Bleeding Gums, Ageing, Vatha Disease.
8.	Adathodai (Justicia adathoda. Linn) Fam: Acanthaceae	Leaf	Expectorant, Diuretic, Germicide, Antispasmodic.	Fever, Cough, Cold, Asthma, Thorat infection, Joint pain, Swelling, Venereal Disease, Bleeding Dysentery.
9.	Karpuravali (Anisochilus carnosus. Briq) Fam:Lamiaceae	Leaf	Diaphoretic, Expectorant, Stimulant.	Sinusitis, Rhinitis, Ulcer, Stomach ache, Cough, Eczema.
10.	Kostham (Costus speciosus. Sm) Fam:Costaceae	Root	Tonic, Expectorant, Diaphoretic.	Fever, Asthma, Piles, Pharyngitis, Tonsillitis, Snake Venom, Wounds, Abscess.
11.	Seenthil (Tinospora cordifolia. Miers) Fam:Menispermaceae	Root	Stimulant, Demulcent, Anti Periodic, Alterative.	Fever, Diabetes, Skin Disease, Leprosy, Gout, Liver disorder, Hypertension, Immune Support.
12.	Siruthekkku (Clerodendrum serratum. Linn) Fam:Verbanaceae	Root	Sedative, Stimulant.	Fever, Asthma, Sinusitis, Cough, Breathlessness, Swelling, Myalgia.
13.	Nilavembu (Andrographis paniculata. Nees) Fam:Acanthaceae	Leaf	Tonic, Stomachic, Alterative, Stimulant.	All types of Fever, Sinusitis, Leprosy, Scabies, Skin Eruption, Arthritis.
14.	Vattathiruppi (Sida acuta. Burm) Fam:Malvaceae	Root	Diaphoretic, Expectorant, Demulcent, Tonic.	Fever, Cough, Scabies, Itching, Diarrhoea, Urinary Disease, Ulcer, Skin Disease, Malaria, Arthritis.

15.	Kooraikilangu (<i>Cyperus rotundus</i> . Linn) Fam:Cyperaceae	Root	Tonic, Astringent, Demulcent, Diaphoretic, Vermifuge, Stimulant.	All types of Fever, Cough, Thirst, Bronchitis, Food Poison, Dysuria, Hypertension, Mensural Problem.
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Table 2: Action and Indication of Nilavembu Kudineer [7,8]

S. NO	NAME OF THE INGREDIENTS	PARTS USED	ACTION	INDICATION
1.	Nilavembu (<i>Andrographis paniculata</i> . Nees) Fam:Acanthaceae	Leaf	Tonic, Stomachic, Alterative, Stimulant.	All types of Fever, Asthma, Sinusitis, Leprosy, Scabies, Arthritis, Gonorrhea.
2.	Vetiver (<i>Vetiveria zizanioides</i> . Linn) Fam:Poaceae	Root	Stimulant, Tonic, Diuretic, Antispasmodic, Diaphoretic, Emmenagogue, Febrifuge.	Fever, Thirst, Cough, Swelling, Eye Disease, Burns, Neurological Disorder.
3.	Vilamichaveer (<i>Plectranthus vettiveroides</i> . Spreng) Fam:Lamiaceae	Root	Refrigerant, Anti Pitha.	Fever, Migrain, Eye burning, Ulcer, Vomiting, Nausea, Skin Disease, Thirst
4.	Chandanam (<i>Santalum album</i> . Linn) Fam:Santhalaceae	Wood	Stimulant, Astringent, Cooling, Diaphoretic, Alterative, Diuretic.	Fever, Thirst, Delirium, Liver disease, Jaundice, Good odour.
5.	Peeipudal (<i>Trichosanthes cucumerina</i> .Linn) Fam:Cucurbitaceae	Fruit	Aphrodisiac, Refrigerant.	Headache, Fever, Cold, Alopecia, Skin allergy, Emetic, Diarrhoea.
6.	Kooraikilangu (<i>Cyper rotundus</i> . Linn) Fam:Cyperaceae	Rhizome	Tonic, Astringent, Stimulant, Diuretic, Diaphoretic, Vermifuge, Emmenagogue.	Fever, Thirst, Cold, Delirium, Food Poison, Bronchitis, Dysuria.
7.	Chukku (<i>Zingiber officinale</i> . Rosc) Fam:Zingiberaceae	Rhizome	Stimulant, Stomachic, Carminative.	Indigestion, Asthma, Cough, Diarrhoea, Sinusitis, Ascites, Anaemia.
8.	Milagu (<i>Piper nigrum</i> . Linn) Fam:Piperaceae	Fruit	Carminative, Stimulant, Resolvent, Acrid, Antivatha, Antidote.	Cough, Cold, Diarrhoea, Piles, Indigestion, Gastritis, Anaemia, Peptic Ulcer.
9.	Parpadagam (<i>Mollugo cerviana</i> .Ser) Fam:Molluginaceae	Whole Plant	Laxative, Antiseptic, Stomachic, Febrifuge, Diaphoretic.	Fever, Cough, Thirst, Stomach ache, Eye Sight, Reduced Body odour.

Table 3: Action and Indication of Adathodai Kudineer [7,8]

S. NO	NAME OF THE INGREDIENTS	PARTS USED	ACTION	INDICATION
1.	Adathodai (Justicia adathoda. Linn) Fam:Acanthaceae	Leaf	Expectorant, Diuretic, Antispasmodic, Germicide.	Fever, Cough, Asthma, Thorat infection, Bledding Dysentery, Joint pain, Venereal Disease.
2.	Athimathuram (Glycyrrhiza glabra. Linn) Fam:Fabaceae	Root	Demulcent, Laxative, Tonic, Emollient, Mild Expectorant.	Thirst, Hiccups, Fever, Jaundice, Eye Disease, Leucoderma.
3.	Thallesapathiri (Ables spectabilis. Mirb) Fam:Taxaceae	Leaf	Carminative, Tonic, Stomachic, Expectorant.	Fever, Diarrhoea, Cough, Asthma, Vomiting, Indigestion.
4.	Arisi Thippili (Piper longum. Linn) Fam:Piperaceae	Fruit	Stimulant, Carminative.	Cough, Ulcer, Asthma, TB, Headache, Thorat infection, ENT Disease, Anaemia.